

Lunch & Learn

Food for the Body, Food for the Mind

Funky Chassidim: The Breslov Phenomenon

MONDAY

with Rabbi Leibish Hundert



Women's Issues in Modern Israel: Moving Forward or Backward?

with Rabbi Reuven Tradburks



TUESDAY

Holding Hands Through Hardship: How to Help Friends Overcome Life's Most Common Hurdles



with Rochel Goldbaum



Tzedaka:

True Social Justice

with Rabbi Idan Scher



THURSDAY

Jewish Coping Skills:

A Psychological Look at How Judaism Helps Us Cope With Adversity



with Rabbi Tuvia Hoffman



12:15 - 1:30pm at Hillel Lodge

Pre-registration required ❖ www.jetottawa.com ❖ info@jetottawa.com